

2017-2018 District 145 Snack/Treat List

District 145 strives to exceed the federal/state nutritional standards as well as uphold and exceed our own student school wellness policy. Our schools are a safe place for all students, therefore it is our duty to protect all students by providing them with healthy and safe snacks. We have students throughout the district with varying medical diagnoses and food allergies. The District 145 Wellness Committee has devised the following list to alleviate any confusion regarding classroom treats because we believe in equality for all students.

Please understand that we will not be able to serve any items that are not on the approved list. There are too many products that seem similar and yet are not safe due to different ingredients and methods of production.

***Please know that we will follow the same guidelines for all classrooms in all buildings.**

***All food will need to be checked in the office before being taken to a classroom.**

***Only the specific items listed below will be accepted. Please call your student's school if you have any questions.**

***With the selection of chips below, the multipacks of Lay's/Doritos/Sunchips individual bags are acceptable.**

Approved items include:

Food/Edible options:

- Fresh Fruit: No mango- Prepackaged individual packages from the grocery store only.
- Fresh vegetables: Prepackaged individual packages only from the grocery store only.
- Teddy Grahams: Name brand only. Only Cinnamon, Honey, Chocolate, Chocolatey Chip, and Mini.
- Barnum's Animal Crackers: Original only. Name brand only.
- Sunchips: Name brand only. All flavors acceptable except Ranch.
- Fritos: "The Original Corn Chips" flavor only. Name brand only.
- Lay's Chips: Name brand only. All flavors acceptable.
- Doritos: Original Nacho Cheese flavor only. Name brand only.
- Cheetos: Original puffs or crunchy only. Name brand only.
- Pepperidge Farm Goldfish: Original cheddar flavor only. Name brand only.
- Rold Gold Pretzels: Sticks, rods, or tiny twists. Original and name brand only.
- Skinny Pop Popcorn: Original and name brand only.
- Oreo Snack Packs: Original and name brand only.
- Chips Ahoy Snack Packs: Original and name brand only.
- **Lofthouse** Frosted Sugar Cookies: Package must clearly be labeled "made in nut free facility". This brand only. Available at both Lovegrove's in Waverly and all Supersaver locations in Lincoln.
- Lorna Doone Shortbread Cookies: Original and name brand only.
- Rice Krispie Treats: Original and name brand only.
- Twizzlers, Fruit Gushers, Fruit by the Foot, and Fruit Roll Ups: Original and name brand only. No mango.
- Dum Dum Pops, Tootsie Pops, and Airheads: Name brand only.
- Skittles and Starburst: Original and name brand only.
- Capri Sun: Cannot contain mango juice. Name brand only.
- Kool-Aid Jammers: Cannot contain mango juice. Name brand only.

Non-edible options include:

- Pencils, erasers, books, party favors, carabiners, other school supplies, etc.

Holiday Parties:

- **Edible treats will be provided by the school. Only non-edible items will be accepted.**